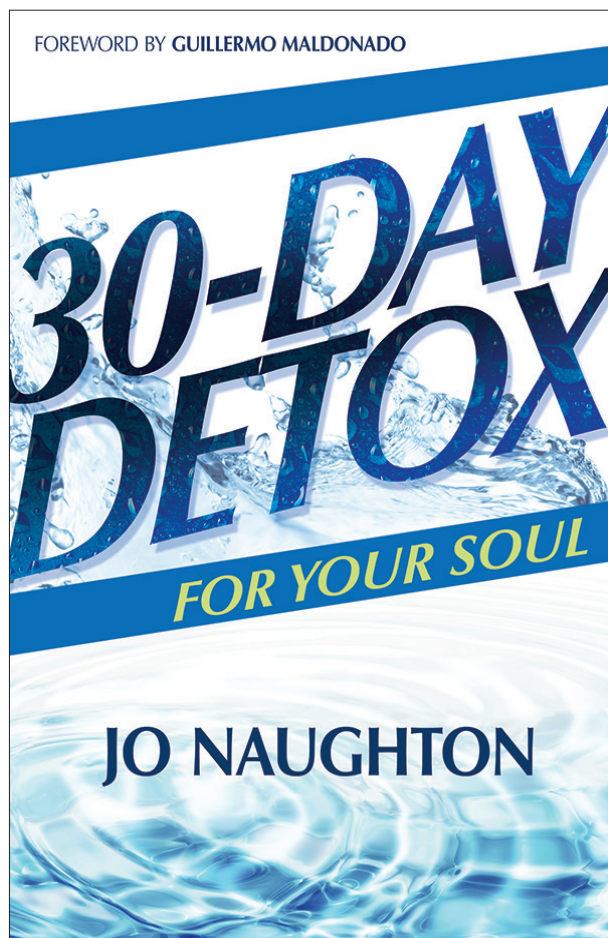


# 30-Day Detox for Your Soul

Jo Naughton



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Hurt, disappointed, messed up, and dried out—that’s how many of us feel in life as we carry on the best we can. *30-Day Detox for Your Soul* is more than a devotional—it is a spiritual “deep clean” or “health spa” that gently but effectively uncovers the issues of the heart (both old and new) that negatively affect the way we live and act, allowing God to heal us and set us free, spiritually and emotionally.

Writing from her own experiences with heart-piercing honesty, author Jo Naughton provides an easy-to-follow daily journey that will ignite a new fire in our relationship with God, leading to renewed purpose and the fulfilment of our true destiny in life.

**AUTHOR BIO** Jo Naughton is an international speaker and author. She is a regular monthly guest on the UK’s leading Christian radio station, where she is affectionately known as the “Soul Doctor,” and a regular contributor to Christian magazines. She and her husband, Paul, pastor Harvest Church in London, England. They have two children, Benjamin and Abigail.

#### WEB MARKETING

[www.jonaughton.com](http://www.jonaughton.com)

[whpub.me/thirtydaydetox](http://whpub.me/thirtydaydetox)

#### COMPARABLE TITLES

RECLAIM YOUR SOUL, Cindy Trimm 978-0-76840-348-0

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#### ENDORSEMENTS

Foreword by Guillermo Maldonado and an endorsement from Cathy Lechner.